

DUNBAR AMATEUR SWIMMING CLUB

Code of Conduct for Members and Parents



The following Code of Conduct is a set of rules by Dunbar Amateur Swimming Club (DASC) stating clear guidelines and expectations of:

- ✓ the club on children and parents
- ✓ children and parents on the club.

A Code of Conduct is important because it:

- ✓ Defines acceptable and unacceptable behaviour
- ✓ Maintains good standards of practice
- ✓ Forms a basis for challenging and improving practice
- ✓ Aims to support volunteers and members of the committee
- ✓ Aims to support parents and - **most importantly** - children, with emphasis on safety, dignity and respect.

DASC requests that both children (members) and parents sign and retain a copy of the Code of Conduct at initial registration to the club, and every 12 months following.

Coaches, lifeguards and all other volunteers also sign a Code of Conduct which highlights expected behaviour, aiming to maintain child safety and enjoyment of the club.

Breach of Code of Conduct may result in formal disciplinary proceedings.

CODE OF CONDUCT - Children

DASC requires that all **children** please observe the following standards of practice:

- Arrive for training on time, prepared and with the correct kit as requested by the swimming coaches
 - Appropriate swim wear
 - Goggles
 - Swimming hat
 - Long hair tied back
- Do not go in the water until the coach blows the whistle to start the session
- No running
- Inform your coach at the start or during your training session if you feel unwell or have an injury
- Behave appropriately in the water
 - Do not sit on or pull lane ropes
 - No pushing
 - No spitting water
 - No fighting
 - Do not push people under water or grab legs/arms
 - Do not disrupt other swimmers
 - Look at and listen to the Coach when they are providing instructions
 - Encourage your fellow swimmers
 - Enjoy your swimming
- Behave appropriately in the changing rooms
 - Do use the lockers and do not leave items in the cubicles
 - Do not run
 - Do not hide other's possessions
 - Do not peep into other's changing cubicles
 - Do not use mobile phones, cameras or any other recording equipment
- Do not use bad language
- Respect all other swimmers. Bullying will not be tolerated
- Speak to the Coaches and/or Child Protection Officer about any concerns you have
- Enjoy your swimming and be a good sport whether you win or lose

CODE OF CONDUCT - Parents/Carers

DASC requires that all **parents/carers** please observe the following standards of practice:

- Encourage and support your child to adhere to the children's code of conduct (as stated above)
- Encourage your child to swim without physical or verbal force
- Ensure that appropriate arrangements are made to collect your child from swimming club
- Ensure that the club has up to date emergency contact details
- Maintain a respectful manner towards coaches and all volunteers
 - Bear in mind that all coaches, lifeguards, parent helpers and committee members are unpaid volunteers who are giving their time generously for the benefit of the club members
 - Report any unresolved grievance to any coach and/or committee member
- Refrain from taking photos of or filming any child (including your own) whilst in the water and/or changing area. Permission must be requested prior to using photography or filming equipment
- Refrain from discrimination and unfriendly competition
- Refrain from smoking and/or drinking alcohol in front of the children at swimming club
- Maintain timely payments and entry fees
- Carry out cash desk or poolside duties on a rota basis, arranging cover if date is not convenient
- Agree to their email address being shared for the purposes of re-arranging duties and communication with the club. Please speak to a member of the committee if you do not wish your email address to be shared.
- Focus on your child's efforts rather than winning or losing
- Provide positive feedback to your child after training sessions and competitions